

What does this image represent?



World Food Day Assembly

16th October 2023



What is Food?

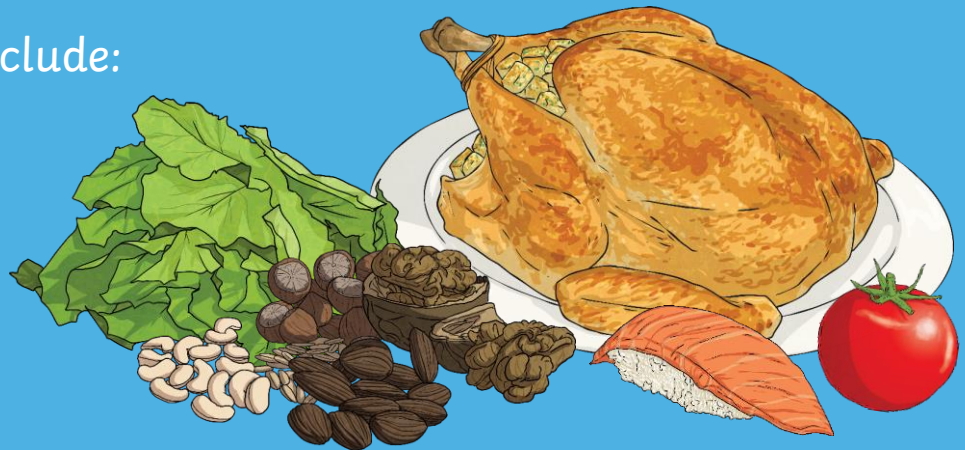
We all need food and water.

Food is any nutritious substance that we eat or drink in order to stay healthy and grow.

There are lots of different types of food. How many different types of food can you name?

The different types of food include:

- vegetables;
- fruits;
- grains, beans and nuts;
- meat and poultry;
- fish and seafood;
- dairy foods.



Different Foods



What is World Food Day?

World Food Day is an event organised by the Food and Agriculture Organisation of the United Nations.

World Food Day is celebrated around the world.



marathons



concerts



contests

This year, the event is being held on Monday 16th October.

World Food Facts

820 million

The number of people who do not have regular access to safe, nutritious and sufficient food.

3.5 trillion

The number of people who are hungry.

2 billion

The amount of money in US dollars malnutrition costs the global economy every year.

Leave No One Behind

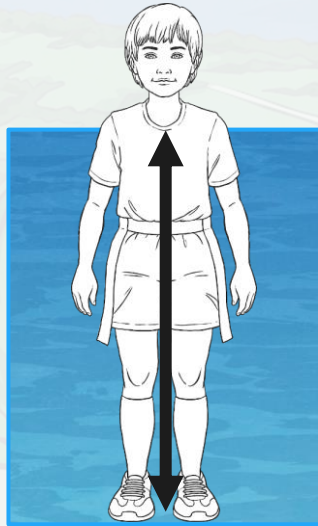
The slogan for World Food Day 2023 is,
'Water is food, water is life. Leave no one behind.'

What do you
think this
means?



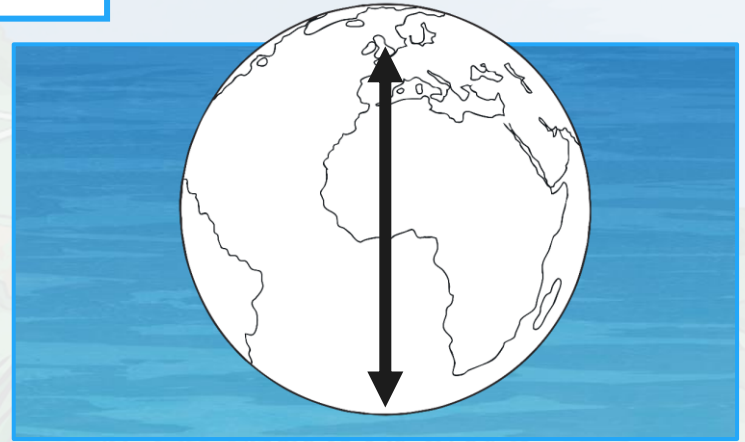
Water is food, water is life. Leave no one behind.

We know that access to clean water is not only essential for survival but it also plays a vital role in ensuring food security for all.



more than 50% of your body.

Water makes up



over 75% of the Earth's surface.

Together, let's work towards a future where no one is left behind in the journey towards a nourished and sustainable world.

Water is food, water is life. Leave no one behind.

Nature can teach us how to look after our planet. It provides us with the essentials that we need, such as water, food, clean air, medicine and materials for shelter.



It's important that we stop to appreciate what we have. We have been producing, consuming and wasting food for too long and now is the time to take action.

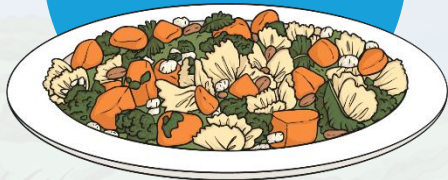


Together we need to produce more food and other essential agricultural materials with less water, while ensuring water is shared equally, our water food systems are preserved, and nobody is left behind.



What Can We Do?

Don't
waste food



Be
mindful
of water

Grow food
at home



Choose
healthy
and
diverse
foods



Choose local
foods



Did You Know...?



More than 3 billion people (almost 40% of the world's population) cannot afford a healthy diet.

14% of the world's food is lost due to harvest, handling, storage and transportation and 17% is wasted by us. This is a total of 31% waste.



Despite extreme poverty, more than 33% of the world's food is produced by smallholder farmers.

Climate change is continuing to challenge rural, poor farmers. This is affecting major crops that contain proteins and some essential vitamins and minerals.



World Food Day Poster Contest

World Food Day are holding a competition to create a poster showing a world where no one is left behind, and everyone has access to food and water.

Use your imagination and create a poster where everyone has access to food and water!

**The deadline is
3rd November
2023.**

<https://youtu.be/UDU5xJ-yvbU>

