# Sun Hill Junior School Newsletter







Congratulations to all the pupils awarded Head Teachers awards this week

week		
Strive	Rosie J (Kestrels), Luke M (Woodpeckers), Riley A	
×	(Kingfishers), Jack B (Robins), Year 6	
Trust	Elizabeth B (Kestrels), Brooklyn C (Swans)	
Aspire	Alice K (Buzzards), Ollie H (Kingfishers), Juliette M (Robins)	
Resilience	Aayden P (Herons)	
Support	Sophie W (Woodpeckers), Thomas M-N (Buzzards), Livvia C (Herons), Jack B (Swans)	

This week our Star Mascot Puff Puff was awarded to:

Aayden P (Herons)
"being a superstar and learning to ride a bike"



#### SCHOOL HOUSE OF THE WEEK

CANDOVER & MEON

<u>Itchen</u> = 99 <u>Candover</u> = 145

### Make a Difference Awards



 $\bigstar$ 

Congratulations to all our Stars for achieving their first 25 stars certificates for their "Making a Difference Awards" this week!



25 STRIVE STARS:

Lucas F (Woodpeckers)



25 TRUST STARS:

Heidi L (Buzzards), Beau R-T (Robins), Poppy M (Ro



25 ASPIRE STARS:

Alex C (Robins), Jack B (Robins), Ophelia R-G (Buzzards), Anya R (Buzzards), William O (Kingfishers)



25 SUPPORT STARS:

Mimi C (Robins), Finn H (Robins), Harry B (Robins), Leon W (Woodpeckers)



25 RESILIENCE STARS:

Evangeline W (Robins)



50 ASPIRE STARS:

Alex G (Robins), Sophia B (Kingfishers)

### Make a Difference Awards

Congratulations to all our Stars for achieving their Bronze, Silver or Gold certificates for their "Making a Difference Awards" this week!

Bronze: 25 Stars in every Star Value

Silver: 50 Stars in every Star Value

Gold: 100 Stars in every Star Value

#### Bronze Make A Difference Award:

Evangeline W (Robins)

Beau R-T (Robins)

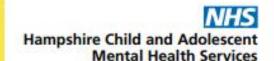
### The Mighty Hike

On Saturday 13th July, Mrs Woods and her daughter Ella will be taking on the Thames Path Mighty Hike for Macmillan. They will be hiking a full marathon! This has been Mrs Woods Wildly Important Goal for this academic year. As part of ther Leader in Me, the children have been creating their own Wildly Important Goals during their transition morning today.

Please see the link below if you should wish to sponsor Mrs Woods. All sponsors very welcome! Thank you for your support.



https://www.justgiving.com/team/woodswalkers?utm\_medium=te am&utm\_content=team%2Fwoodswalkers&utm\_source=copyLink&u tm\_campaign=pfp-share





# A **free** health & wellbeing event for all parents, carers & professionals who support or work with young people

#### WHAT CAN I EXPECT?

PACE events consist of two main components:

- A number of specialist workshops on young people's emotional health and wellbeing.
- Information stands from local and national organisations.

Attendees can choose which sessions they would like to attend; select as many or as few as you would like to attend.

#### FRIDAY 19TH JULY 2024

OAKLANDS CATHOLIC SCHOOL, STAKES HILL RD, WATERLOOVILLE, PO7 7BW

#### WORKSHOPS:

Obsessive Compulsive
Disorder (OCD), Tourette's
Syndrome and Tics, Supporting
your Autistic Child to Thrive,
and Disability, Difficulty, SEND
& Mental Health.

BOOK YOUR WORKSHOP SPACE AT:

hampshirecamhs.nhs.uk/events

Brought to you by Hampshire CAMHS



TIME	WORKSHOP 1	WORKSHOP 2	
9:30 - 10:30	Supporting a child with eating difficulties including AFRID This workshop solely focuses on eating disorders as a mental health disorder for young people. This will cover Avoidant Restrictive Food Intake Disorder is a feeding and eating disorder. People with ARFID find it hard to eat enough for healthy growth, development and functioning.	Supporting trauma recovery Understanding the Impact of trauma on children and young people and how together we can help them to recover.	
10:45 - 11:45	Introduction to managing ADHD - ADHD Team What is ADHD? Spotting the signs and symptoms from 5 years to 18 years. How to support a young person with symptoms of inattention, hyperactivity and impulsivity with or without an ADHD diagnosis.	Supporting a young person in crisis & managing self-harm Supporting a young person in crisis & managing self-harm.	
12:00 - 13:00	Coping and resilience strategies to support children & young people Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This workshop uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.	Introduction to autism  What is Autistic Spectrum Condition? Spotting the signs and symptoms Diagnosis: the process and things to know about the diagnostic assessment How to support a young person with ASC.	
13:30 - 14:30	New Understanding and supporting a young person with Obsessive Compulsive Disorder (OCD)  This workshop aims to give an introduction for parents and carers supporting a young person with Obsessive Compulsive Disorder (OCD). It will provide information regarding what OCD is, how this develops and what keeps it going. It will give an overview of the treatment options for OCD and ways family members can support a young person at home.	Looking after yourself to support your child This workshop will focus on the needs and challenges for parents and carers, as well as provide a range of practical advice and strategies around how to look after yourself in order to better support the wellbeing of your child.	
14:45 - 15:45	New Disability, difficulty, SEND & mental health An awareness session to offer a space for Q&A around Learning needs and how Mental Health issues can present; difficulty with language used when children and young people have varying learning needs with or without formal diagnosis.	Understanding & managing anxiety What anxiety is and how to spot the signs and symptoms of anxiety in children and young people. How to support a child and young person who experiences anxiety with practical strategies.	
16:00 - 17:00	Coping and resilience strategies to support children & young people Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This workshop uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.	New Artificial Intelligence and safeguarding What is meant by the term Al identify the risks of Al for children and young people. It will explore recent news stories about Al and consider the implications when working with young people.	
17:15 - 18:15		New Supporting your autistic child to thrive This two-hour workshop will consider what areas of life can be challenging for autistic young people. We will think about how we can adapt our communication and the environment around the young person to make life easier and more suited to their needs. We will discuss practical changes	
18:30 - 19:30	Introduction to managing ADHD  What is ADHD? Spotting the signs and symptoms from 5 years to 18 years. How to support a young person with symptoms of inattention, hyperactivity and impulsivity with or without an ADHD diagnosis.	that can be made in all the areas and give example of what these look like in real life. We will support you to think about the specific needs of your child and develop the beginnings of an individualised plan, providing the opportunity for discussion with other group members and the facilitators.	





#### 2024 PACE Events

Free health & wellbeing events for all parents, carers & professionals who support or work with young people

DATE	LOCATION	
Friday	Gosport	
26 <sup>th</sup> January	St Vincent College,	
2024	Mill Lane, Gosport, PO12 4QA	
Thursday	Basingstoke	
22 <sup>nd</sup> February	Queen Mary's College, Cliddesden Rd,	
2024	Basingstoke, RG21 3HF	
Monday	Andover	
11 <sup>th</sup> March	Testbourne School, Micheldever Rd,	
2024	Whitchurch, RG28 7JF	
Friday	Waterlooville	
19 <sup>th</sup> July	Oaklands Catholic School, Stakes Hill Rd,	
2024	Waterlooville, PO7 7BW	
Wednesday 25 <sup>th</sup> September 2024	Winchester Winchester United Reform Church, Jewry ST, Winchester, SO23 8RZ	
Monday Havant 7 <sup>th</sup> October Trosnant Federation of Schools, Stockheath Havant, Hampshire, PO9 3BD		
Thursday 21st	New Forest	
November	Lyndhurst Community Centre,	
2024	Main Car Park, Lyndhurst, S043 7NY	

BOOK YOUR WORKSHOP SPACE AT: hampshirecamhs.nhs.uk/events

### **Library Grand Opening**

On Monday 24<sup>th</sup> June, Sun Hill Junior School celebrated the grand re-opening of our school library. The library renovation has been a project years in the making and the school is very grateful for all the fundraising and support that has made the new library possible.

The library was officially open by Ted, who won the 'Top Fundraiser' prize during the reading challenge earlier in the year. The School Council and Fundraring Amassadors were the first to visit the refurbished library.



















### **Student Achievements**







"For the past four years I have been growing my hair so that one day it can cut and donated to The Little Princess Trust.

The Little Princess Trust provides real hair wigs, free of charge, to children and young people who have lost their own hair through cancer treatment or to other conditions such as Alopecia. The charity is also one of the largest funders of childhood cancer research in the UK.

On Saturday 15 June I cut over 30cm of my hair off so that it could be made into a wig. I have also been raising money via a justgiving page to go towards the £550 cost of this process. I am very grateful to everyone who has supported me so far."

Alice K (Buzzards)

- <a href="https://www.justgiving.com/page/charlotte-king-1717958516025?utm\_medium=fundraising&utm\_content=page%2Fcharlotte-king-1717958516025&utm\_source=copyLink&utm\_campaign=pfp-share">https://www.justgiving.com/page/charlotte-king-1717958516025?utm\_medium=fundraising&utm\_content=page%2Fcharlotte-king-1717958516025&utm\_source=copyLink&utm\_campaign=pfp-share</a>

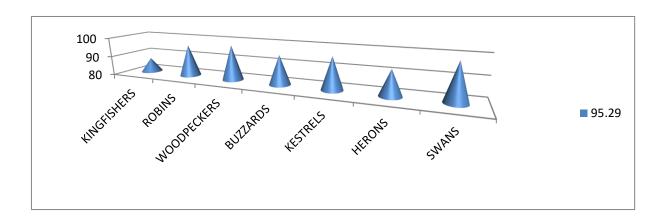


Congratulations to Jojo Williams who won the U13 County Cup this week with Tichborne Park CC, beating

Andover in the Final.



## Whole school attendance this week at SHJS 95.29% (results taken from Thursday to Thursday)



### The attendance award was presented to:

### Swans class with 99.54%



- Kingfishers = 87.5%
- Robins = 96.5%
- Woodpeckers = 98.08% 🖁
- Buzzards = 95%
- Kestrels = 96.3%
- Herons = 92.59%
- Swans = 99.54%





Please use the following information as reference if you have any concerns regarding "Is my child too ill for school?"

https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/

### A Message from Sun Hill Infants

Dear all,

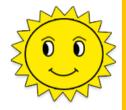
Mrs Jones is retiring from Sun Hill Infant and Preschool on 23rd July after an incredible 24 years as Headteacher. We know that she has had such a huge impact on the lives of so many children and families in Alresford and beyond and we wanted to share how you can say thank you and wish her well in her retirement. There are 3 options below which we are hoping to keep secret for as long as possible!!

- 1. Sun Hill Infant and Preschool summer fete is on Saturday 6th July between 11am and 3pm. We would love to see as many current and past pupils and families as possible and this is a great opportunity to see Mrs Jones and wish her well. There will be a 'thank you' moment at mid-day.
- 2. We are organising a Memory Book and would love to include your photos, drawings, a poem or a memory. These need to be emailed to Rosie Waring Green (rosie@22rwg.co.uk) or put through her door at 2, Grange Road, Alresford SO24 9HB. The deadline for contributions for the Memory Book will be Saturday June 29th.
- 3. You can also donate towards a leaving gift for her through the following link: pay.collctiv.com/mrs-owen-jones-retirement-gift-39651 Deadline for donations will be Sunday 14th July.

Many thanks and we hope to see you at the fete on the 6th of July.

Ben Howlett

Chair of Governors at Sun Hill Infant and Preschool





### **Online Safety**

Sun Hill Junior School takes a strong stance in regards to online safety. Our Cyber Ambassadors and school staff have all worked hard this year educating our students on this topic and the school has a clear mobile phone policy (available to view on the school website).

Please make note of the information below and research if your family is interested. However, Sun Hill Junior School does understand that the decisions around mobile phone use is a parental choice and responsibility.



Smartphone Free Childhood is a grassroots movement of parents who believe childhood's too short to be spent on a smartphone

#### We're on a mission to



Bring parents together to start new and positive conversations about the problems of smartphones in childhood



Empower parents to take collective action in their local communities - agreeing to delay giving their children smartphones until at least 16



Demonstrate that parents are demanding change at scale, and therefore force the government and tech companies to act

#### Why we're doing this now

We've been put in an impossible position by the tech companies. It's a lose lose - either allow our children access to something all the evidence tells us is damaging, or say no and risk alienating them among their peers at a crucial stage of their social development. We believe something needs to change, and it starts with all of us.



Scan to find out more

#### How you can get involved

Join your regional WhatsApp group. You'll find the links to all regional groups at linktree/smartphonefreechildhood

Start a WhatsApp group for your school to begin a conversation with your community - we've put together a toolkit to help you smartphonefreechildhood.co.uk/resources

Follow us on Instagram @smartphonefreechildhood

Sign up to our newsletter. We'll be sharing all our plans, advice and inspiration here as the movement grows.

smartphonefreechildhood.co.uk/subscribe

Samuel

«Keep to A4 size, fit to page, black and white single sided print

Only print what you need, and use PSC certified paper if po
 Don't attach to public or private property without consent

Be mindful of 'no unsolicited mail' notices

WhatsApp group



I his movement will always be digital first. But we recognise the irony, and we know not everyone who needs to know about this issue is online as much as we are.

This flyer is free to download so you can print it and hand it out at the achool gates, social clubs, or any IML situation.

Dear Parents and Carers,

THE DRAMA BEAST presents.

#### REVOLTING RHYMES - A CREATIVE ARTS "PLAY IN A DAY" WORKSHOP

Come and spend a disgustingly fun day with us as we explore the many stories Roald Dahl's **Revolting Rhymes** has to offer. There'll be acting, singing, dancing and crafting aplenty as the children get revoltingly mucky bringing the stories to life. A day full of summer time activities, glitter, glue, paint...and some drama magic!

Venue: Sun Hill Infants School, Alresford.

Date: Thursday 25th July 2024, 9.30am - 4pm, for children ages 4-11.

Cost: £40 per child

To register your interest and book your place, please email <a href="mailto:admin@dramabeasts.com">admin@dramabeasts.com</a>

Places on our workshops do go fast, so please book soon to avoid disappointment.

Hope to see some of our Drama Beasts there!



### **Winchester Basics Bank**

Winchester Basics Bank are pleased to announce that families can now sign up, via our website, for the Summer Holiday Lunch Scheme.

Please spread the word!

https://winchesterbasicsbank.co.uk/get-help/self-referral/summerlunch-scheme/

Closing date is Sunday 7th July 2024

#### We are open for clients:

21a Penton Place, Milland Rd, Highcliffe, SO23 OPZ - Tue & Fri 10-3pm

St Gregory's Church, Grange Road, Alresford, SO24 9HD - Wed 10-12pm, and the first Tuesday of every month 6-8pm

St Barnabas Church, Weeke, SO22 6EF - Thurs 10-1pm Storehouse, Vineyard Church, SO23 9NR - Mon & Thurs 10-12pm \*\*Please note that we are not open on Bank Holidays\*\*

#### Any queries, please don't hesitate to contact us;

Tel: 01962 864720 (please leave a message out of hours)

Facebook: <a href="https://www.facebook.com/WinchesterBasicsBank">https://www.facebook.com/WinchesterBasicsBank</a> website: <a href="https://winchesterbasicsbank.co.uk/get-help/">https://winchesterbasicsbank.co.uk/get-help/</a>

#### Our Donation hub (donations only) is open :

Gabare House, Winnall Valley Road, Winnall, SO23 OLD - Tue & Fri 9-3pm



VENUE ROPLEY PRIMARY SCHOOL CHURCH ST ROPLEY, ALRESFORD, HANTS, SO24 DDS





SUMMER HOLIDAY CAMP

WEEK 1

WED 24TH - FRI 26TH JULY

WEEK 2

MON 29TH JULY - FRI 2ND AUG

WEEK 3

WED 5TH - FRI 9TH AUG

WEEK A

WED 12TH - FRI 16TH AUS

WED 19TH - FRI 23RD AUS

COST

£20 PER CHILD, PER DAY

(STANDARD DAY)

£28 PER CHILD, PER DAY

(EXTENDED DAY)

STANDARD HOURS

EXTENDED HOURS

FULL EXTENDED DAY 8.15am-4.45pm (EB)



#### INFO

BOOKINGS - WWW.SOCCERSCHOOLS-UK.COM/BOOKING

CONTACT - ADMIN@SOCCERSCHOOLS-UK.COM

TELEPHONE - 07463 237878

ALL COACHES ARE FULLY LICENSED. HOLD ENHANCED DBS (CRB) CERTIFICATES, HOLD FA EMERGENCY AID CERTIFICATES AND ARE FULLY TRAINED/ Fully insured. Copyright soccer schools uk 2022-24



Active Holidays 360

### **Alresford**

Summer Holidays 2024

Monday 29th July - Friday 23rd August

» 360 Sports

### £21 per day\*

\*Get 15% off with our Active Saver code SUMMERAS15 valid until Sunday 30th June.

Scan the QR code to book your place:



#### Location:

Sunhill Infant School, Sun Lane, Alresford, SO24 9NB



Don't forget about our 10% sibling discount too!

### Our mission is

To change lives by improving health and wellbeing using the power of physical activity, sport and education.







For more information and to book, visit

www.activemes60.com







### Come and join our Music Production Holiday Workshops



Create, Remix and Perform

Supported using public funding by





ARTS COUNCIL ENGLAND





Two exciting enrichment days for Music Production enthusiasts. Workshops across each day using iPads to create and perform music.

Exciting DJing workshops as part of the programme.

All equipment provided.

Thursday 8th August 8.45 Arrival - 16.15 Finish Friday 9th August 8.45 Arrival - 16.15 Finish Suitable for Years 5, 6 and 7

At The King's School, Fair Oak SO50 7DB

£75 inclusive for both days



Scan the QR Code to Sign up. Places will be allocated on a first come, first served basis as these are limited.





www.hants.gov.uk/hms



### Dates for your diary 2024

- Monday 8<sup>th</sup> Friday 12<sup>th</sup> July Year 6 Residential Trip\*
- Tuesday 9<sup>th</sup> July- 2024/25 Buddy Afternoon
- Friday 12<sup>th</sup> July- SHJS Second Hand Uniform Sale\*
- Monday 15<sup>th</sup> July- Book Look
- Monday 15<sup>th</sup> July- Sports Club sign up for 2024/25 opens
- Monday 15<sup>th</sup> July- New Starters Transition Meeting\*
- Tuesday 16<sup>th</sup> July-Lower School Listen2Me Concerts\*
- Wednesday 17<sup>th</sup> July-Rock Steady Concert\*
- Thursday 18<sup>th</sup> July- SHJS Thank you Tea Party\*
- Friday 19<sup>th</sup> July- Lower School Project Exhibition 2.30-3pm\*
- Friday 19<sup>th</sup> July- Upper School Exhibition 3-3.30pm\*
- Friday 19<sup>th</sup> July- 2024 Prom\*
- Tuesday 23<sup>rd</sup> July- Leavers Assembly 11am\*
- Tuesday 23<sup>rd</sup> July Last Day of term 1pm finish\*

<sup>\*</sup>An email/letter has been sent home regarding this event.

### Dates for 2024-2025

- Monday 2<sup>nd</sup> September INSET DAY
- Tuesday 3<sup>rd</sup> September INSET DAY
- Wednesday 4<sup>th</sup> September First Day of Autumn Term
- Friday 6th September- Music Tuition Sessions Start
- Saturday 7<sup>th</sup> September- Alresford Show
- Monday 9<sup>th</sup> September- Autumn Term Sports Clubs Start
- Friday 11th September- Flu Immunisations
- Monday 21<sup>st</sup> October-Friday 1<sup>st</sup> November Autumn Half Term
- Friday 20<sup>th</sup> December Last Day of Autumn Term (1pm finish)
- Monday 6<sup>th</sup> January- First Day of Spring Term
- Friday 14<sup>th</sup> February- INSET DAY
- Monday 17<sup>th</sup> February- Friday 21<sup>st</sup> February- Spring Half Term
- Monday 7<sup>th</sup> April- Friday 17<sup>th</sup> April- Easter Holidays
- Tuesday 22<sup>nd</sup> April- INSET DAY
- Wednesday 23<sup>rd</sup> April- First Day of Summer Term
- Monday 5<sup>th</sup> May-BANK HOLIDAY
- Monday 26<sup>th</sup> May- Friday 31st May- Summer Half Term
- Friday 27<sup>th</sup> June- INSET DAY
- Tuesday 22<sup>nd</sup> July- Last Day of Summer Term (1pm finish)

My Name Tags: Order name tags for your childs uniform, water bottles, coats and shoes! Many different designs to choose from!

Please visit <a href="www.mynametags.com">www.mynametags.com</a> and enter the code: 21102. FOSHJ will receive 24% of the order value.