



*Making a Difference*

Wednesday 16<sup>th</sup> October 2024

Dear Families,

Once again, we are pleased to be taking part in Anti-Bullying Week this year. This will take place from Tuesday 12<sup>th</sup> to Friday 15<sup>th</sup> November, to allow us to mark Armistice Day on Monday 11<sup>th</sup> November.

This year's theme is 'Choose Respect' with the aim of empowering children and young people to not resort to bullying, even when we disagree and remind adults to lead by example, online and offline.

During the week, we will explore with the children what bullying is and reiterate that bullying is several times on purpose and not just a one-off incident. Children will learn that whether it is verbal, physical, online or in-person, bullying has a significant impact on emotional well-being and by making small, simple changes, we can break this cycle.

In class, children will have the opportunity to explore the themes of Anti-Bullying week in more detail, and will be taking part in activities to promote anti-bullying in school and in the wider community.

To show our support for Anti-Bullying Week and celebrate what makes us all different, on Tuesday 12<sup>th</sup> November we are holding an 'Odd Socks Day'. To take part, all children have to do is wear odd socks or fancy tights to school with their usual school uniform. This is a fun opportunity for children to express themselves and appreciate individuality and uniqueness. There is no donation required for this day.

Friday 15<sup>th</sup> November marks Children in Need day. We will also be supporting this charity, by asking children to come in free dress on that day in exchange for a donation to the Children in Need charity. Donations will be made through an online link rather than cash donations. In order to link Anti-Bullying week and Children in Need, children will be creating a 'Spot' which will form part of a whole school 'Kind' display.

Please look out for more information and advice on Anti-Bullying Week on our school newsletters in the coming weeks.

Thank you for your continued support,

Mrs Ahmed

